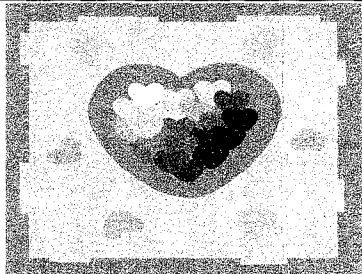


FEBRUARY – BELLOWS FALLS 463-3907

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork 1 Cabbage & Carrots Boiled Potatoes White Bread Chocolate Brownie Cookie	Chicken-n-Biscuit 2 Mashed Potatoes Mixed Beans Wheat Bread Frosted White Cake w/Yogurt	Baked Cheese Lasagna 3 Cole Slaw w/Carrots Sour Dough Italian Bread Pineapple Chunks	Toasted Sesame Seed 4 Chicken Breast Ranch Potatoes Baby Carrots, Wheat Bread Vanilla Pudding w/Mandarin Oranges	Spinach Onion 5 Bacon Quiche Winter Mixed Vegetables Wheat Bread Sliced Pears
Baked American Goulash Parmesan Cheese 8 Green Beans Italian Bread Melon	Ham Patties 9 Red Homefried Potatoes Brussel Sprouts Dinner Roll Peanut Butter Cookie	Italian Chicken Fingers 10 B.B.Q. Sauce O'Brien Potatoes Sliced Carrots Wheat Bread, Butterscotch Pudding w/Cream	B.B.Q. Meatloaf 11 Rice Pilaf w/Vegetables Diced Beets Wheat Bread Strawberry Shortcake	Pot Roast 12 Vegetable Gravy Mashed Potatoes Spinach Dinner Roll Chocolate Chip Cake
CLOSED 15 For Holiday (President's Day)	Hot Turkey Sandwich 16 Gravy Mashed Potatoes Winter Squash Pumpkin Custard	Baked Fish 17 Lemon Wedge Rice Pilaf Peas & Onions Roll Mandarin Oranges	Stuffed Chicken Breast 18 w/Broccoli & Cheese Stuffing, Mashed Potatoes Baby Whole Carrots w/Dill Dinner Roll Peach Crisp w/cream	Baked Shells & Cheese Green Beans 19 Stewed Tomatoes Roll Orange Jello w/Mandarin Oranges
Spaghetti w/Meat Sauce 22 Parmesan Cheese Broccoli Floret's Italian Bread Peaches	Creamed Potato and 23 Leek Soup, Chicken Salad w/Shredded Cabbage & Cherry Tomatoes Wheat Bread Crackers Cookies	Southwestern Quiche 24 w/Sausage Tossed Green Leaf Salad Dressing Cavatappi & Vegetables Wheat Bread Chocolate Chip Cookie	B.B.Q. Pork 25 Rice Pilaf Vegetables Dinner Roll Pumpkin Cookie	Cheese Tortellini 26 Green Beans w/Red Pepper Cole Slaw Italian Bread Melon
1% milk served with all meals			Valentine's Day is February 14 th !	